### Lunches

Served from 11.45

Our menu is cooked fresh to order, this takes a little longer than fast food! Our eggs are free range from Raby Eggs. Enjoy.

### Light Lunches & Bites Served to 3pm

FENNEL AND SPRING ONION POTATO CAKES	£6.95
dressed leaf and Salsa Verde	VE

BAKED BRIE AND TOASTED ALMOND SALAD	£6.95	5
with Vine roasted Cherry Tomatoes, Basil Pesto & Balsam	ic	٧

CHARGRILLED CHICKEN & CRISPY PANCETTA	£6.95
with roasted peppers and crostini on green leaf salad	

SALMON and DILL FISH CAKES	£6.95
minted Pea Puree with a Lemon crème fraiche	

#### OMELETTE £6.95

2 local free range Raby eggs, choose one or two fillings from Wild mushrooms, Beef Tomato, Grated Cheese, Smoked Salmon or Hand carved Ham.

LUNCH RAREBIT - WITH MUSHROOMS	
or WITH CRISPY PANCETTA	£6.95

Made with Mature Cheddar cheese & Brimstage Brewery Trappers hat Ale, roasted Vine Tomatoes & sticky Tomato chutney

### Wine, Local Beers & Ciders

#### Wines

VVIIICS			
Pinot Grigio Australia	187ml	14%	£3.95
Cabernet Sauvignon Chile	187ml	14%	£3.95
Zinfandel Rose USA	187ml	14%	£3.95
Prosecco	200ml	11%	£4.95
Fentimans Gin and Tonic	275ml	6.5%	£4.95
Brimstage Brewery Wir	ral Beers		
Sandpiper light ale	500ml	3.6%	£4.25
Trapper's hat ale	500ml	3.8%	£4.25
Red Rye beer	500ml	4.0%	£4.25
Modelo Especial Rekordelig Pear Cider	335ml 500ml	5.3% 4.5%	£3.25 £4.45

### **Hot Filled Ciabatta**

Served to 4pm

PAN SEARED CHICKEN AND CHORIZO With Roasted Peppers and Pea Shoot Salad	£6.95
CHARGRILLED RUMP STEAK STRIPS Wild Mushrooms and Dijon Mustard Mayonnaise Pea Sh	£7.95 noot Salad
POSH FISH FINGER Chef's beer battered Haddock goujons, Tartare sauce wire a Watercress salad	£6.95 th

CHEFS HOUMOUS and RED ONION MARMALADE	£6.95
with Pea Shoot Salad	VE

Goats Cheese and ROASTED RED PEPPERS	£6.95
with dressed leaf salad	V

# PANCETTA, LETTUCE, AVOCADO and TOMATO £6.95 with dressed leaf salad

Add a flower pot of Proper Chips & Roasted Garlic

Mayonnaise dip with your Ciabatta or Sandwiches £2.65

### Soups Served to 4pm

Locally sourced , fresh and seasonal. VE

#### HOME MADE SOUP WITH WHITE OR BROWN ROLL £4.95

### **Bigger Bites**

Served to 3pm

ARRABIATTA MEATBALL BURGER	£9.95
with Mozzarella, Little Gem and Flower Pot of Proper	r Chips

BRIMSTAGE BEER BATTERED FISH AND CHIPS	£10.95
Red Rye Beer battered haddock, mushy peas, tartare	sauce,
bread and butter and a pot of tea	
Smaller portion	£8.95

CHARGRILLED BUTTERFLY CHICKEN RAREBIT BURGER £9.95 With Crispy Pancetta, Little Gem & Beef Tomato in a toasted soft bun and Flower Pot of Proper Chips.

Please ask a member of staff about any food allergies and intolerances before ordering if required.

#### Sandwiches

Served to 4pm

# PRAWNS SERVED OPEN ON HAND CUT BROWN £5.95 Diced Red Apple, Cucumber, Marie Rose sauce, Little Gem

#### HAND CARVED CHICKEN BREAST

£5.95

Basil Pesto mayonnaise, beef tomato on white or brown bread and a dressed leaf salad

#### HAND CUT HAM

£5.95

with Cottage Delight Piccalilli on white or brown bread with Pea Shoot Salad

#### FREE RANGE RABY EGG MAYONNAISE

£5.50

Watercress on white or brown bread with a dressed leaf salad V

#### MATURE CHEDDAR CHEESE

£5.95

VE

with Cottage Delight Cheese Makers Pickle on white or brown V bread and dressed leaf salad

#### CHEFS HOUMOUS, RADISH and SPRING ONION £5.95

on white or brown bread with a Pea Shoot Salad

Add a flower pot of Proper Chips & Roasted Garlic Mayonnaise dip with your Ciabatta or Sandwiches £2.65

### Soup and a Sandwiches

#### HOME MADE SOUP WITH A SANDWICH

£8.95

Choose from Free range Raby Egg and watercress, Ham, Sliced Chicken, Chefs Houmous, Radish & Spring Onion or Mature Cheddar Cheese & pickle

### Little Tummy's for the under 10s Served to 4pm

All of our kids meals are served with a kids drink available from the counter at time of ordering.

FISH FINGERS	£4.50
chips and Heinz baked beans, (battered haddock goujons	5)
BEANS with toast soldiers	£3.95
CHEESE OMELETTE made with free range eggs	£4.50
TWO SAUSAGE, CHIPS and HEINZ BAKED BEANS	£3.95
LITTLE PICNIC LUNCH BOX	£4.75

Served with a packet of seeds to grow at home :-)

Choose from Free range Raby Egg, Cheese, sliced Ham or Sliced Chicken, Chefs Houmous, healthy raisin & sultana pack, mini cheddars, crayons and a colouring book.

## **Cakes and Scones**

Cakes & Scones Freshly made every morning

Home baked scone

with butter, jam and clotted cream	£2.85
with butter and jam	£2.20
or just with butter	£1.65

Toasted Teacake and butter	£1.80
Gingerbread Folk	£1.65

Daily specials and all your favourites from the counter

including...

Victoria, Lemon cake, Carrot cake Gluten free always available

....add a pot of Clotted Cream to your cakes 75p

### **Afternoon Tea Crates**

#### Available from 3pm to 4pm daily

A selection of sandwiches, scones with butter, jam and clotted cream. Home made cakes and a flower pot of strawberries. All served with your choice of Twinings English Breakfast Tea or a choice of herbal teas.

Afternoon Tea Crates £12.95 per person

Prosecco Afternoon Tea Crates £15.95 per person

with a 200ml bottle of Prosecco

Choose two sandwiches from the following selection:

Hand Cut Ham with Cottage Delight Piccalilli | Hand carved Chicken Breast,

Basil Pesto Mayonnaise with beef tomato

Chefs Houmous, Radish & Spring Onion | Free Range Egg Mayonnaise

with Watercress | Cheddar Cheese & Pickle

#Gluten free, Dairy free and Vegan Afternoon Teas Crates available.

## Teas And Coffee

Twinings Ever	yday Tea		£1.85
Twinings Decaffeinated Everyday Tea			£1.85
Speciality Teas	s from the	Brew Tea Co. Loose leaf	
tea bags in po	ts for one:		
Earl Grey, Eng	lish Breakf	ast, Chai Tea, Green Tea, M	oroccan
Mint, Lemon 8	ያ Ginger, F	ruit Punch,	£2.20
Clipper Red Bu	ush, Twinin	gs Camomile Tea	£2.20
Rich Roast Fo	air Trade fr	eshly ground coffee	
Espresso	£2.15	Double Shot	£2.50
Americano	£2.35	Cappuccino	£2.40
Latte	£2.40	Flat White	£2.45
Mocha	£2.65	extra shot of coffee	55p
Coffee Syrups	for a little	extra flavour	55p
Filter Coffee			£2.15
Decaffeinated	coffee and	l soya milk available	
Luxury Hot Ch	ocolate—T	anzanian single origin	£2.95
cocoa, piled h	igh with cre	eam and Marshmallows	
Adult plain			£2.45
Vegan Hot Cho	ocolate - w	ith creamy soya milk	£2.45
Cold Drink	c		
		- still or sparkling	£1.60
		uice Apple or Orange	£2.25
Cawston Press	•		£1.95
Cawston Press	, ,	•	£1.95
	•	ewed Dandelion Burdock	62.25
Ginger Beer, V Belvoir Presse			£2.25 £2.25
Belvoir Presse			£2.25
Belvoir Presse			£2.25
	_	efruit & Lemon Thyme	£2.25
Coke or Diet C	_	·	£1.95
Glass of milk			£1.20
Drinks For	The Litt	le Ones	
Babyccino;		ilk with a cocoa dusting	90p
Tanzanian sing	-		ЭОР
Child's plain	£1.40		£1.60
Childs chilled r		vvitii iviai SiiiiiailUWS	60p
Cawston Carto		nd Pear	£1.30
			£1.30
	ii Appie ali	nd Summer Berries	
Ribena			£1.20

# Breakfasts - To Start The Day

#### Served from 9am to 11.30am Sundays from 10am to 11.30am

Our menu is cooked fresh to order, this takes a little longer than fast food! Our eggs are free range from Raby Eggs. Enjoy.

33 33 33 33 33 33 33 33 33 33 33 33 33	
PANCAKES AND CRISPY PANCETTA WITH MAPLE SYRUP CRISPY PANCETTA AND SCRAMBLED EGGS on Hot buttered Ciabatta or POACHED EGGS	£6.95 £5.95 £5.95
SMASHED AVOCADO SCRAMBLED EGGS on toasted Sourdough with cherry tomatoes	£5.95
CREAMY SCRAMBLED RABY EGGS or POACHED RABY EGGS on buttered white or brown toast	£4.50
WITH SMOKED SALMON	£5.95
THREE SLICE BACON BAP  3 slices of thick cut back bacon on a soft white or brown buttered roll or or brown buttered toast  THREE SAUSAGE BAP	£3.95 white £3.95
3 olde English sausages on a soft white or brown buttered roll or white or brown buttered toast	
MINI BREAKFAST free range fried or poached egg, thick cut back bacon, olde English pork sage, flat mushroom and Heinz baked beans	£3.95 sau-
VEGAN MINI BREAKFAST Avocado, Houmous, Roasted Tomato, flat mushroom, and Heinz Baked Beans	£3.95
TRADITIONAL FULL BREAKFAST thick cut back bacon, olde English pork sausage, fried, poached or scramegg, black pudding, grilled flat mushroom, roasted Tomato, Heinz baked and brown or white toast  #Extra items to order	
VEGGIE BREAKFAST Roasted Tomato, scrambled, poached or fried eggs, Heinz baked beans, flat Mushroom, Houmous and white or brown toast.	
Make it Vegan-Swap the egg for Smashed Avocado #Extra items to ord THE BIG SUN LOUNGE SPECIAL BREAKFAST 2 thick cut back bacon, 2 fried, poached or scrambled egg, 2 olde English sausage, black pudding, grilled flat mushroom, roasted Tomato, Heinz be beans and 2 brown or white toast #Extra items to order	£9.95 pork
Breakfast extras only available on breakfast marked #	75p
TOAST WITH JAM OR MARMALADE	£1.45
TOASTED TEACAKE AND BUTTER	£1.80
Slice of toast	90p

# Little Tummy's Breakfasts for the under 10's

TWO SAUSAGEs and a DIPPY FRIED EGG	£3.95
LITTLE TUMMIES BREAKFAST	£3.95
free range fried egg or poached egg, thick cut back bacon, sausa	age,
mushroom and beans	
TOAST AND JAM Soldiers if you like!	£1.45